#### Secret March Message

(solution)

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Like a bug in a rug

Domesticated animals

Underground plant part

Cold drink, \_\_\_\_\_ tea

Type of salamander

Fish lung

Showy bearded flower

Like a pillow



0

R

E

Frozen precipitation

Nest items

Smallest in the litter

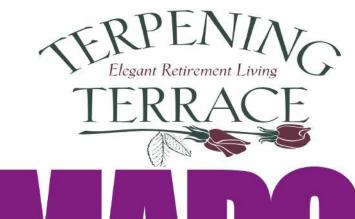
Canyon sound



May there always be work for your hands to do. May your purse always hold a coin or two. May the sun always shine on your windowpane. May a rainbow be certain to follow each rain. May the hand of a friend always be near you. May God fill your beart with gladness to cheer you.

- An Irish Blessing







#### Happy 20th Birthday **MOLLY!**





General Manager: Kim Stokes Controller: Tammie Sells Marketing Director: Kathy Ross Plant Engineer: Forest Leonard Dining Supervisor: Garrett Burrington Front Desk Manager: Amber Viehweg

> 50 Ruby Avenue Eugene, OR 97404 www.terpeningterrace.com



Michael Thieme Executive Chef: Housekeeping Supervisor: Jessie Wingfield Wellness Director: Kimberly Richards Social Coordinator: Erin Cantrell Transportation Dir.: Tony Carp

> (541) 689 - 0619 (800) 818 - 7518



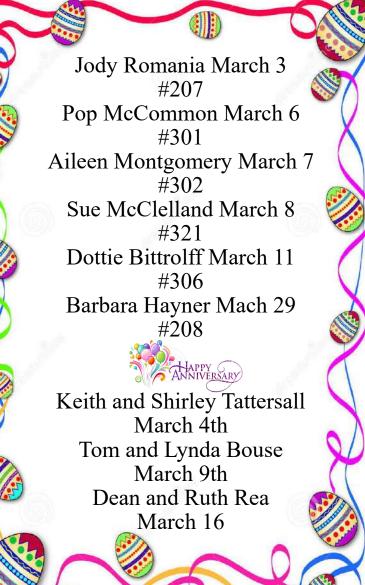
# Social Coordinator Message Dear Residents, Family, and Friends, Each Month brings new adventures. We welcome spring and can not wait to celebrate all it has to offer. Check your calendars for all the fun and activities. Don't forget to sign up for all our fun outings this month. Social Coordinator, Erin Cantrell

#### Employee of the Month Melissa Humphrey

Receptionist
Melissa is an excellent
addition to the front desk!
She is very thorough in her
work, extremely reliable and
has a great eye for detail. We
are grateful to have her as part
of the Terpening Terrace
Team!



We are dedicated to honoring our Veterans!
Please contact Erin in Activities, if you would like a photo and name plate made to Display.



#### **Inspiration**

#### **Chapel Service**

Fridays, in Packard Place, with Chaplain John Pearson Service starts at 10:30 a.m.



This is a non-denominational service hosted each week.

### Grief Support Group Tuesday March 5th@ 11:30 Cinema Room

Grief can range from death, selling your home, moving away, divorce, etc.

Remember, we are stronger together.

# Guided Meditation Fridays @ 9:30 am Cinema Room

Join Kimberly for a refreshing break to reset and improve your mind and body.

#### Creative Writing Class Tuesday March 19th

(a) 11:30 a.m. in Cinema Room

Bring your stories or come to hear other residents tell of their adventures!

We hope to see you there!

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#### **Bible Appreciation**

Behold what manner of love the Father has bestowed on us, that we should be called children of God. Let no one deceive you, he who practices righteousness is righteous just as He is righteous.

Please Join Us on Wednesdays 1:00 First Floor Kitchen



#### **The Connection**

Terpening Terrace and our sister buildings have created a page on Facebook where we can all stay connected. On this page you will find videos of Terpening Terrace staff and residents, and some

#### Resident Town Hall Meeting

See you March 11th

Meetings are <u>usually</u> held on the Second Monday of each month at 10:30 a.m. in Packard Place.

Limited Seating - Sign up to attend!



#### Gathering Hands for Charity Mondays @1:00 p.m. in Packer Place

Bags of Leve

Monday afternoons at 1:00 p.m. in Packard Place. "Helping children in crisis one Bag of Love at a time"



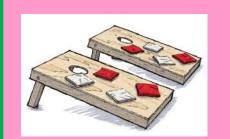
#### Cribbage Club in Packard Place Mondays @ 2:00 pm

Join Erin For Cribbage and other games and fun in Packer Place New time will hopefully bring new faces!



## Bean Bag Toss Saturday March 9th @ 11:00

Packard Place
Bean bag toss is back
at a new time!
Jamie will be tossing
the bean bags with you



#### **Library Books**

Take a vacation in a good book or learn something new! Books from Terpening and the Eugene Library are available to you. Be sure to write your name and book down on the checkout sheet in the library.

There are libraries located on the second and third floors.



Daffodil Drive
March 2nd @ 11:00
Join Jamie for a trip to see the Junction City
Daffodils



# Bringing Back Bridge Tuesdays @ 6:30 Packard Place

We will be going over Bridge and Relearning. Join Erin for the fun!



#### <u>Puzzle Room</u> Located on Second Floor

See what's new in the Puzzle Room. The residents are working on new puzzles each week to display in the common area near the dinning room. Come add a piece and make a friend.



#### **Breakfast Mimosas**

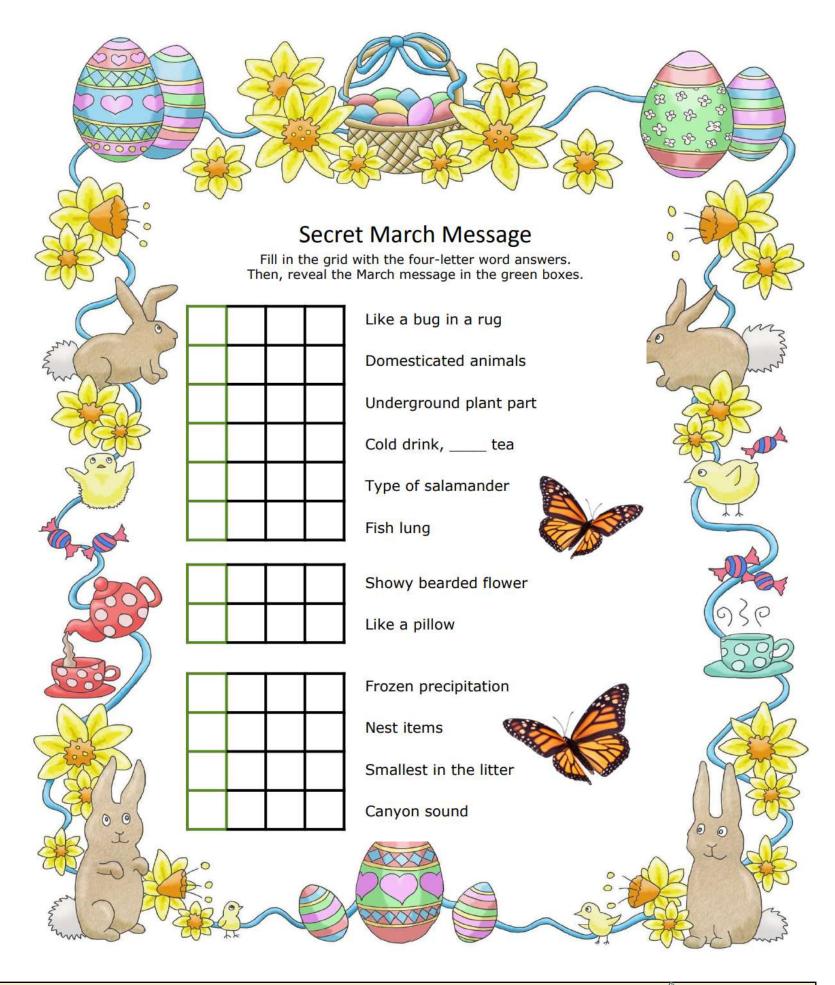
Tuesday March 19th We will be serving mimosas in the dining room. Starting at 7:00



#### Baking with Jamie Saturday March 30 @ 11:15

Jamie will be cooking up some awesome goodies for you all to try and take home







#### **Available Rooms to play games:**

FH = Fishing Hole —1st Floor PP = Packard Place —1st Floor TP = Tea Party —2nd Floor CK3 = Connie's Kitchen —3rd Floor



#### **Weekly Resident Games**

Sundays at 1:30 p.m. in PP Manipulation ( card game )
Sundays @ 3:00 pm in PP
Bridge

Mondays at 6:30 p.m. in PP-Players Choice (any game in PP)

Tuesdays at 6:30 p.m. in PP-Bridge/Players' Choice (any game in PP) Every Monday at 1:30 p.m. in PP-

Cribbage ( card game)

Wednesdays at 6:30 p.m. in PP Spite & Malice ( card game )

Fridays at 6:30 p.m. in PP - Manipulation ( card game )

Please come see Erin or Jamie in activities for more questions!

#### Bingo Tuesdays@ 2:00 p.m. In Packard Place

Join activities in Packard Place for Bingo! You will have the chance to win candy or a snack if you get a bingo.







#### <u>Vegas Bingo</u> Saturdays @ 2:00 p.m. In Packard Place

Saturday bingo has higher stakes! Bring some quarters and play to win Vegas Style Prizes







Each card you play costs 25 cents for the day, so if you want to play 3cards it will cost 75 cents.

# Weekend Drive w/Jason Sundays @ 2:00 p.m. in the Lobby MARCH 3 MARCH 10 MARCH 17 MARCH 24 MARCH 31 EASTER

#### **Transportation**

Our On-Demand transportation is convenient and reliable, courtesy of our fantastic Transportation Department. Residents sign up for transportation at the front desk. Medical appointments allow a 10 mile radius and all other destinations allow a 6 mile radius of Terpening Terrace. Please provide the time you would like to be at your destination as well as the address.

Monday - Friday

9:00 a.m. - 5:00 p.m. 9:00 a.m. - 3:30 p.m.

Saturday

Sunday

9:00 a.m. - 2:00 p.m.

\*Please note: Earlier and later times can be accommodated with advance notice, depending on driver availability.

#### **Social Hour & Resident Outings**

always sign up to attend

# CHARLES AND THE ANGELS Thursday March 7th PACKARD PLACE @ 2:30

The Elvis of Terpening Terrace. Join us for our Monthly Birthday party and be entertained by the one and only Charles and the Angels







# Three of Hearts Thursday March 14th Packard Place @ 3:00

Join the three lovely ladies for some of our favorite classics. This will be our St Patrick's Day Social





#### Alexeandria Bonanno Thursday March 21st Packard Place @ 3:00

New to Terpening, but with promises of our old favorites and some new





John Pecorilla
Thursday March 28th
Packard Place @ 3:00





#### **Resident Outings**

MARCH 2nd @ 11:00 Daffodil Drive

MARCH 5th @ 10:00 BIMART March 7th MOLLY'S BIRTHDAY

MARCH 9th @ 11:00 Panera Bread

MARCH 12 @ 10:00 Market of Choice

MARCH 19 @ 10:00 Walmart MARCH 20 @ 9:00 FLORENCE/ CASINO

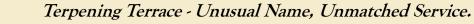
MARCH 22 @ 10:00 Natural History Museum

MARCH 26th @ 10:00 BIMART

All outing leave from the Lobby at the times above Make sure to sign up at the FRONT DESK!







#### MUSEUM 可NATURAL ADD CULTURAL HISTORY

Come face-to-face with wolves! Wolves: Photography by Ronan Donovan, features National Geographic photographer Ronan Donovan's stunning images and videos of wild wolves in the Greater Yellowstone Ecosystem and Ellesmere Island in the high Canadian Arctic.

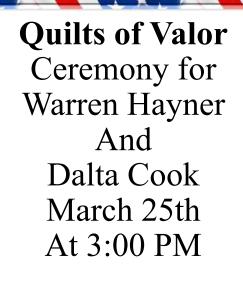
Created by National Geographic Society and the National Museum of Wildlife Art, the exhibit features images and videos highlighting the contrast between wolves that live in perceived competition with humans and wolves that live without human intervention.

MARCH 22 @ 10:00
Leaving from the Lobby\*













Join us for Terpening Terrace's Easter Egg Hunt and Games! We will meet in Packard Place We will be hunting easter eggs on all three

floors and then have snacks and games in Packard Place after!



| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|---|---|---|---|--|---|---|
| DR = Dining Room PP = Packard Place Lobby = Front Lobby CinRm = Cinema Room, 3rd Floor CK3 = Connie's Kitchen, 3rd Floor FH = Fishing Hole Game Rm, 1st Fl. TP = Tea Party Game Room, 2nd Fl. FIT = Fitness Room, Basement BP = Bits - Pieces Puzzle Room, 2nd Fl. CY = Courtyard * (asterisk) = Requires Sign Up | RPENIV<br>Elegant Retirement Living<br>TERRACE  |   |   |  | 1 9:00 - 5:00 Transportation 9:30 Guided Meditation - Cin 10:30 Chapel - PP 2:00 Chair Volley Ball - PP 6:30 Manipulation - PP  Employee Appreciation DAY   | 2 9:00 - 3:30 Transportation<br>110:15 Fitness Video - PP<br>11:00 Daffodil Drive *<br>2:00 Vegas Bingo - PP              |
| 3 9:00 - 2:00 Transportation 10:15 Fitness Video - PP 1:30 Manipulation - PP 2:00 Weekend Drive* 3:00 Bridge-PP 6:30 Wii Bowling - PP   |   | 5 9:00 - 5:00 Transportation<br>9:40 Sit & Resist - PP<br>10:00 BiMart/Dollar Store*<br>10:15 Posture/Balance - PP<br>11:30 Grief Support- CinRM<br>2:00 Bingo - PP<br>6:30 Bridge Refresher/Games-PP   | 6 9:00 - 5:00 Transportation 10:15 Chair Yoga - PP 11:00 Wii Bowling- PP 1:00 Bible Appreciation-CK1 2:00 Chair Volleyball-PP 6:30 Games - PP                           | 7 9:00 - 5:00 Transportation 9:40 Chair Dance - PP 10:15 Total Body Fitness PP 12:00 MOLLYS BIRTHDAY PARTY  2:30 Social Hour - PP *  W/ Charles and the Angels | 8 9:00 - 5:00 Transportation 9:30 Guided Meditation - Cin 10:30 Chapel - PP 11:15 Craft w/ Lydia* 2:00 Chair Volley Ball - PP 6:30 Manipulation - PP        | 9 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Panera Bread Lunch Out* 2:00 Vegas Bingo - PP                 |
| 10 9:00 - 2:00 Transportation 10:15 Fitness Video - PP 1:30 Manipulation - PP 2:00 Weekend Drive* 6:30 Wii Bowling - PP   | 1:00 Gathering Hands -PP<br>1:30 Cribbage Club-PP<br>2:30 Healthy Habits-*PP  | 12 9:00 - 5:00 Transportation 9:40 Sit and Resist-PP 10:00 Market of Choice* 10:15 Posture and Balance-PP 11:00 Wii- PP 2:00 Bingo-PP 6:30 Bridge Refresher/Games-PP                                    | 13 9:00 - 5:00 Transportation 10:15 Chair Yoga-PP 11:00 Wii Bowling-PP 1:00 Bible Appreciation-CK1 2:00 Chair Volleyball - PP 6:30 Games                                | 14 9:00 - 5:00 Transportation 9:40 Chair Dance - PP 10:15 Total Body Fitness - PP 3:00 Social Hour-PP* W/ Three of HEARTS ST PATRICK'S DAY PARTY               | 15 9:00 - 5:00 Transportation 9:30 Guided Meditation - Cin 10:30 Chapel - PP 2:00 Chair Volley Ball - PP 6:30 Manipulation - PP                             | 16 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:00 Ring Toss 2:00 Vegas Bingo - PP                              |
|   |   |   |   |  |   |   |
| 17 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive* 3:00 Bridge-PP 6:30 Wii Bowling- PP  | 18 9:00 - 5:00 Transportation 10:15 Total Body - PP 11:00 Chair Dancing - PP 12-2 Holly Carter Jewelry-PP 1:00 Gathering Hands - PP 1:30 Cribbage Club-PP 2:30 Healthy Habits-PP* 6:30 Games-PP | 19 9:00 - 5:00 Transportation 7:00 Mimosa - Dining 9:40 Sit & Resist - PP 10:00 Walmart* 10:15 Posture/Balance - PP 11:00 Wii - PP 11:30 Writing CinRM 2:00 Bingo - PP 6:30 Bridge Refresher/Games - PP | 20 9:00 - 5:00 Transportation 9:00 Florence Casino* 10:15 Chair Yoga - PP 11:00 Wii Bowling-PP 1:00 Bible Appreciation-CK1 2:00 Chair Volleyball-PP 6:30 Games - PP     | 21 9:00 - 5:00 Transportation 9:40 Chair Dance - PP 10:15 Total Body Fitness - PP 3:00 Social Hour - PP* W/Alexeandria Bonanno                                 | 22 9:00 - 5:00 Transportation 9:30 Guided Meditation—Cin 10:00 Natural History Museum* 10:30 Chapel - PP 2:00 Chair Volley Ball - PP 6:30 Manipulation - PP | 23 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:15 Ladder Ball -PP 1:00 Piano Recital -PP 2:00 Vegas Bingo - PP |
| 24 9:00 - 2:00 Transportation 10:15 Fitness Video 1:30 Manipulation - PP 2:00 Weekend Drive* 3:00 Bridge-PP   | 10:15 Total Body - PP 11:00 Chair Dancing - PP 3:00 Quilts of Valor- Warren Hayner and Dalta Cook 6:00 Games-PP   | 26 9:00 - 5:00 Transportation 9:40 Fitness Video - PP 10:00 Bl-mart/Dollar Store* 10:15 Fitness Video - PP 11:00 Wii Golf - PP 2:00 Bingo* 6:30 Bridge Refresher/Games-PP                               | 27 9:00 - 5:00 Transportation 10:15 Fitness Video-PP 11:00 Crafts with Sara* 11:00 Wii Bowling-PP 1:00 Bible Appreciation-CK1 2:00 Chair Volleyball - PP 6:30 Games -PP | 28 9:00 - 5:00 Transportation 9:40 Chair Dance - PP 10:15 Total Body Fitness - PP 3:00 Social Hour - PP* W/ John Pecorilla                                     | 29 9:00 - 5:00 Transportation 9:30 Guided Meditation—Cin 10:30 Chapel - PP 11:15 Easter Egg Hunt* 2:00 Chair Volley Ball - PP 6:30 Manipulation - PP        | 30 9:00 - 3:30 Transportation 10:15 Fitness Video - PP 11:15 Baking with JAMIE* CK1 2:00 Vegas Bingo - PP                 |
| 6   | Terpening Terrace - U   | nusual Name, Unmatched Serv   | vice. (541)   | 689 - 0619 (800) 818 - 7518 w  | ww.terpeningterrace.com   | 7   |